



**ARMY MEDICINE**  
Serving To Heal...Honored To Serve



# Community Information Exchange: PCS Preparation

**Evans Army Community Hospital (EACH)  
Fort Carson, Colorado**



**U.S.ARMY**



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# Medical Records

## Frequently Asked Questions:

What do Soldiers and families have to do with their medical records when they PCS?

- Per OPORD 14-80 (Process Change for Service Treatment Records), dated 12 May 2015, Soldiers will no longer hand carry their medical records to include CONUS and OCONUS permanent change of station moves. If a SM still has his/her medical records they must turn them in to the nearest Military Treatment Facility for processing.

Do medical records get sent automatically during a PCS?

- Upon receiving orders and clearing papers for PCS, the SM should report to Outpatient Records at Evans ACH to out-process. At that time, the SM will be given the DD Form 877 (Request for Medical/Dental Records or Information) to present at his/her next duty station in order to have their medical records follow them.

## More Information is Available Online at:

<https://www.evans.amedd.army.mil/PatientsVisitors/MedicalRecords>



# TRICARE

## Frequently Asked Questions:

Do Soldiers and families have to do anything with TRICARE when they PCS?

- Upon receipt of PCS Orders, contact TRICARE West at (1-844-866-9378) they can assist in transferring you to a new Primary Care Manager and they will also share the information with your new contractor (if moving to TRICARE East or Overseas).

Has anything changed since TRICARE switched to a new contractor?

- The Defense Health Agency has temporarily waived specialty referral and authorization requirements for TRICARE West Region beneficiaries enrolled in a TRICARE Prime plan. Effective March 16, 2018, the waiver has been extended through March 31, 2018.
- The latest TRICARE Updates can be viewed on the [Evans ACH Homepage](#) under the “Top Information” heading.

**More Information is Available Online at:**

**<https://www.tricare-west.com/>**



# School Physicals

## Frequently Asked Questions:

Will school physicals transfer over to the next duty station?

- Yes, a standard CYS physical form will be accepted at all DOD facilities for on-post sporting and extracurricular activities. Additionally, we can complete the standard American Academy of Pediatrics sports physical form that is widely accepted at most public/private schools.
- However, some public/private schools may have their own sports form and may not accept substitutions or variations.

Can I get a physical form filled out without an appointment?

- If your child has a recent physical on file; your provider can fill this out for you without an appointment. If your child is younger than 18 months, the physical must have occurred in the past 3 months. If your child is over 18 months old, the visit must have occurred in the past 9 months. Otherwise, please schedule an appointment with your provider.

**More Information is Available Online at:**

<https://www.evans.amedd.army.mil/Services/1/Pediatrics>



# Exceptional Family Member Program

The Army Exceptional Family Member Program (EFMP) is designed to ensure appropriate medial, social, psychological, and educational services are available for Family Members who may have special requirements in OCONUS areas. All Family members **MUST** be screened by the EFMP Nurse Administrator at Evans Army Community Hospital (EACH). This process is completed by appointment only.

FMTS required forms to set up an appointment –

- DA Form 5888
- DA Form 7246
- Current Physicals

European Memorandum –if traveling to European theatre only

**More Information is Available Online at:**

<https://www.evans.amedd.army.mil/Services/30/Exceptional-Family-Member-Program-EFMP>



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# Questions and Discussion

