

Where Can I Learn more?

Visit: <https://health.mil/TakeCommand> or <https://tricare.mil/changes>

For More information. These links provide up to date information on upcoming TRICARE and NDAA Changes you need to be aware of.

Health Net Federal Services: 1-844-866-9378 or visit www.tricare-west.com

Take 
COMMAND
☆☆☆ Enhance Your TRICARE[®] Experience

Point of Contact for any questions regarding this pamphlet is The Evans Army Community Hospital Managed Care Division



Take Command of Your Health: Upcoming TRICARE Changes

Information for all Evans Army Community Hospital and Colorado Springs Military Health System Beneficiaries

November 2017



The Future of TRICARE

On January 1st, 2018, historic reform took place in our Military Health System (MHS). The implementation of many of the 2017 National Defense Authorization Act (NDAA) laws and a new era in TRICARE support contracts will improve health care delivery and enhance medical readiness. Implementation of the 2017 NDAA (i.e., Section 701) will impact the TRICARE benefit for more than 9.4 million beneficiaries worldwide. As a result of the 2017 NDAA and TRICARE 2017 (T2017) move from three to two regions, beneficiaries will see many changes.

The “Take Command” Campaign is the Defense Health Agency’s (DHA) approach to educating approximately 9.4 million beneficiaries in the MHS. The campaign focuses on communicating the impact of the reform and changes that beneficiaries will notice and a new call to action: **take command of your health.**

TRICARE Changes Include:

- Consolidation to two TRICARE Regions (West & East)
- TRICARE Standard and TRICARE Extra combining to **TRICARE SELECT**
- Increased access to mental health and substance use disorder (SUD) programs (for family members/retirees)

TRICARE Changes Include (continued):

- Lower Out-of-Pocket Costs- see enrollment fees, co-pays at Tricare.mil/changes
- 2018 as an open enrollment year to select TRICARE Benefit
- Enrollment Periods beginning in 2019
- Fiscal Year Calendar changing to Calendar Year

How Do I Prepare?

- **Your TRICARE Region falls under Health Net Federal Services as of 1 January, 2018. Register online at: www.tricare-west.com** to view authorizations, referral, benefit, and claims inquiries, change your Primary Care Manager (PCM), add a newborn or adopted child to TRICARE Prime, update address, or enrollment
- **Sign up for a DS Log-on.** Having a DS Log-on lets you log in to a number of important TRICARE secure sites. To register go to: <https://myaccess.dmdc.osd.mil/identitymanagement/>
- Manage pharmacy home delivery, with prescription email notices at: <https://www.express-scripts.com/TRICARE/index.shtml>
- The phone number for Health Net Federal Services is 1-844-866-9378

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You can use your DS LOGON to:

- View eligibility and enrollment status, read correspondence, get proof of coverage – via milConnect at <https://www.dmdc.osd.mil/milconnect/>
- View healthcare authorizations, as well as TRICARE claims and Explanation of Benefits (EOBs) on the regional contractors’ web sites. Starting 1 January 2018, the regional contractor will no longer send you paper copies of authorizations or EOBs. You have to go online to view these documents on the regional contractors secure portal at: West Region: <http://www.tricare-west.com> (register on or after 1 January 2018)
- Manage pharmacy home delivery, with prescription email notices at: <https://www.express-scripts.com/TRICARE/index.shtml>

Register for MilConnect

- Register for a milConnect account: <https://www.dmdc.osd.mil/milconnect/>. Sponsors have to register their family members. Users can see their Primary Care Manager’s name, obtain proof of coverage, update personal contact information, and view enrollment and disenrollment letters. milConnect shows what’s in DEERS.