



# **National Asthma Education and Prevention Program**

## **Expert Panel Report 2:**

### **Guidelines for the Diagnosis and Management of Asthma**



# National Asthma Education and Prevention Program Second Expert Panel: Members

- Shirley Murphy, Chair
- Eugene Bleecker
- Homer Boushey
- Clive Brown
- A. Sonia Buist
- William Busse
- Noreen Clark
- Howard Eigen
- Jean Ford
- Peter Gergen
- Susan Janson
- H. William Kelly
- Robert Lemanske
- Carolyn Lopez
- Fernando Martinez
- Harold Nelson
- Richard Nowak
- Edward Petsonk
- Thomas Platts-Mills
- Gail Shapiro
- Stuart Stoloff
- Kevin Weiss



## Second Expert Panel

- Multidisciplinary group of clinicians and scientists with expertise in asthma management
- Health professionals from internal medicine, family medicine, pediatrics, emergency medicine, allergy, pulmonary medicine, nursing, pharmacy, and health education



## Charge to the Second Expert Panel

- Review and update the 1991 Expert Panel Report
- Prepare recommendations for health care providers working in diverse health care settings
- Address practical decisionmaking issues in the diagnosis and management of asthma
- Develop specific aids to facilitate implementation



## Expert Panel Report 2: Development Process

- Prepared in a systematic and iterative process
- Based on 1991 Expert Panel Report plus 5,000-article review
- Conducted indepth reviews of the literature in selected controversial areas
- Multiple outside peer reviews
- Reviewed and endorsed by NAEPP Coordinating Committee



## Expert Panel Report 2: Documentation of Recommendations

- Cited studies that support the recommendations
- When clear recommendations could not be extracted from the literature, they are labeled “based on the opinion of the Expert Panel”



## Expert Panel Report 2: Availability

- <http://www.nhlbi.nih.gov>

***OR***

- NHLBI Information Center  
P.O. Box 30105  
Bethesda, MD 20824-0105



## **Expert Panel Report 2: Four Components of Asthma Management**

- Measures of Assessment and Monitoring
- Control of Factors Contributing to Asthma Severity
- Pharmacologic Therapy
- Education for a Partnership in Asthma Care