

What is Family Centered Care?



It's about personalized care...

Respect for emotional well-being, privacy and personal preferences.

Empowerment through honoring your family's religious and cultural beliefs.

Choices in treatment used before, during and after childbirth and newborn care including pain management, drugs and tests.

Flexibility to welcome fathers, significant others and siblings to be part of your birth experience.

It's about commitment...

Same provider for majority of your pregnancy

Individualized birth plans

Easier to get first trimester appointments

Personalized pain management

Individualized prenatal education

Private postpartum rooms

Lactation support

Careful, seamless coordination between facilities if you transfer during pregnancy

It's about convenience...

Stork parking

Follow-up appointment scheduling prior to leaving office



It's about family...

You and your family's needs and best interests are at the heart of all decisions

It's about trust...

When your health care needs change, military medicine changes, too. To provide more personalized and responsive care during your childbirth experience, we are offering family centered care.



Why is this important?

Family, friends and social support networks are vital to good health.

Often during this special time our military families are far from home and their usual support system.

Through family-centered care our military hospitals offer an extended 'family', knowledgeable about the separation aspects of military life.

The family-centered care approach ensures that you and your family get the best possible personalized, coordinated care during this special time.

Become a family centered care member!

