

# **Evans Army Community Hospital**

## **Training Highlights**



July - September  
2008

# Training Highlights

July 08 – September 08

## Newcomer's Orientation Calendar

Location: Room # 1018 – POC: SSG Hopkins @ 6-7314 or  
Mrs. Perez @ 6-7510.

Day 1 start time is 0730 for military and 0745 for Civilian staff  
Day 2 starts @ 0730.

Newcomer's Orientation Day 1	Clinical Orientation Day 2
1 July 2008 Cochrane Hall	2 July 2008 BKG Hall
5 August 2008 Cochrane Hall	6 August 2008 BKG Hall
2 September 2008 Cochrane Hall	3 September 2008 BKG Hall

## Antiterrorism Training and HIPAA Training

HIPAA training:

<https://mhslearn.satx.disa.mil/ilearn/en/learner/jsp/default.htm>

Evans's Domain is 0032

For Antiterrorism Training: <https://atlevel1.dtic.mil/at/>

Region is: Northern Command

For CBRNE Training: <http://www.train.army.mil/>

**\*\*Contact Scott Converse at 526-7921 to schedule computer training if you are having problems and need assistance.**



**Instructions for CBRNE**  
**Chemical, Biological, Radiological, Nuclear and High Explosive**  
**Emergency Medical Preparedness & Response**  
**Interactive Web-based Courseware**

C.B.R.N.E. Basic	C.B.R.N.E. Clinician	C.B.R.N.E. Operators	C.B.R.N.E. Executive
For civilian employees and contractors working in medical treatment facilities. Includes housekeeping, office workers, security guards and facility workers.	For military clinicians working in medical treatment facilities. Includes physicians, dentists, nurses, physician assistants, independent duty medical technicians and advanced EMS personnel.	For military incident first responders or operators working in medical treatment facilities. Includes non-medical clinicians/technicians, dentists, and basic EMS personnel.	For military executives and commanders working in medical treatment facilities.



CBRNE Web site:  
[https://www.aimsrdl.atsc.army.mil/secured/accp\\_top.htm](https://www.aimsrdl.atsc.army.mil/secured/accp_top.htm)

Please direct all questions about assignment of the course to GPRMC OPS @ help @atsc.army.mil  
 Or ATSC @ (757) 2169/3335

If you believe you should have credit for this course and it is not showing in MEPS, please contact your training NCOIC with proof of credit

# **CBRNE Cheat Sheet**

Jan 2007

**CBRNE Basic Course (Atsc Course Id 767 F16).** This Course Is Designed For Personnel Who Would Likely Not Be Employed As Responders Or Health Care Providers During A **CBRNE** Event. The Following Amedd Officers, Enlisted Medical Career Management Field (Cmf) 68 (Was Realigned From Cmf 91 In Fy07) Soldiers And Their Da Civilian Or Contractor Counterparts Must Take This Course: Aoc: 70c/D/E/F/K; 71a/B/E/F; 72c; 67e/F/G/J; 670a; 65a/B/C/X And Mos: 91a/68a, 91e/68e, 91g/68g, 91h/68h, 91j/68j, 91k/68k, 91m/68m, 91p/68p And 91q/68q.

**CBRNE Operator/Responder Course (Atsc Course Id 767 F25).**

This Course Is Designed For Personnel, Other Than Health Care Providers, Who Would Or Could Be Involved In Planning Or Responding To A **CBRNE** Event. The Following Amedd Officers, Enlisted Medical Cmf

91 And Their Da Civilian Or Contractor Counterparts Must Take This

\*\*\*\*\* Start Of Section 2 \*\*\*\*\*

Course: Aoc: 70a/B/H; 72a/B/D/E; 73a/B And Mos 91d/68d, 91r/68r, 91s/68s, 91t/68t, 91v/68v, 91w/68w, 91x/68x And 91z/68z. This Course Takes Approximately Twelve Hours To Complete And Offers Fifteen Ce Hours (1.5 Ceu) For Health Care Administrators (Also See Para 3.F.).

**CBRNE Clinician Course (Atsc Course Id 767 F24).** This Course Is Designed For Health Care Providers Who Would Or May Have Clinical Duties In Response To A **CBRNE** Event. The Following Amedd Officers And Their Da Civilian Or Contractor Counterparts Must Take This Course:

All Physicians (Mc), Physician Assistants (65d), Nurses (An), Dentists (Dc), Veterinarians (Vc) And Special Forces Medics (18d).

This Course Takes Approximately Fourteen Hours To Complete And Offers Thirteen Hours Of Cme For Physicians, Sixteen Hours (1.6 Ceu) For Health Care Administrators Or Fourteen Decimal Six (14.6) Contact Hours For Nurses (Also See Para 3.F.).

**CBRNE Executive/Commander Course (Atsc Course Id 767 F23).**

This Course Is Designed For Commanders, Deputy Commanders, Executive Officers, Sergeants Major And First Sergeants Of Patient Treatment Facilities. This Course Will Be Taken In Addition To The Operator/Responder Or Clinician Course. This Course Takes Approximately Two Hours To Complete When Taken In Conjunction With The Operator/Responder Or Clinician Course And Offers A Variable Amount Of Hours/Ceu For Health Care Administrators.



## 2008 Medical Training Calendar



Class	Class	Class
<b>BLS Provider Course</b>	<b>ACLS Provider</b>	<b>PALS Provider</b>
19-Oct-07	12, 15 Oct 07	16, 19 Nov 07
8-Nov-07	14, 17 March 08	7, 10 Mar 08
7-Dec-07	25, 28 April 08	16, 19 May 08
10-Jan-08	9, 12 May 08	11, 14 July 08
6-Mar-08	15, 18 Aug 08	12, 15 Sep 08
3-Apr-08	31 Oct/3 Nov 08	
15-May-08		<b>PALS Instructor</b>
5-Jun-08	<b>ACLS Instructor</b>	3-Mar-08
10-Jul-08	17, 18, Jan 08	9-Jul-08
7-Aug-08		
11-Sep-08	<b>ACLS Pre Course</b>	<b>NRP New Provider Classes</b>
9-Oct-08	13-Feb-08	POC Ms Saltsgiver
	16-Apr-08	Jan 14 and 15
<b>BLS Instructor Course</b>	16-Jul-08	April 14 and 15
7-Jan-08	17-Sep-08	July 14 and 15
14-May-08		Oct 6 and 7
8-Sep-08	<b>ACLS Instructor Meeting</b>	
	9 April 08 1500 hrs	<b>NRP Renewal Classes</b>
<b>BLS Heartsaver Course</b>	11 June 08 1500 hrs	POC Ms Saltsgiver
22-Jan-08	27 Aug 08 1500 hrs	4-Feb
		5-May
		4-Aug
<b>BLS New Provider Course</b>		3-Nov
7-Feb-08		
18-Jul-08		

# Medical Training

## BCLS Training

Class	Date / Location	Time
BLS Provider Course	10 July 2008/Room # 1018	0800 - 1200
BLS New Provider Course	18 July 2008/Room # 1018	0800 - 1200
BLS Provider Course	7 August 2008/Room # 1018	0800 - 1200
BLS Provider Course	11 September 2008/Room # 1018	0800 - 1200
BLS Instructor Course	8 September 2008/Room # 1018	0800 - 1600

## ACLS Training

Class	Date / Location	Time
ACLS Pre Course	16 July 2008/Room # 1018	0730 - 1630
ACLS Provider Course	15, 18 August 2008/Room # 1018	0730 - 1630
ACLS Pre Course	17 September 2008/Room # 1018	0730 - 1630

## PALS Training

Class	Date / Location	Time
PALS Provider Course	11, 14 July 2008/Room # 1018	0730 - 1630
PALS Instructor Course	9 July 2008/Room # 1018	0730 - 1630
PALS Provider Course	12, 15 September 2008/Room # 1018	0730 - 1630

## Neonatal Resuscitation Program

Class	Date / Location	Time
NRP New Provider Course	14, 15 July 2008/MBU Classroom	0700 - 1500
NRP Renewal Course	4 August 2008/MBU Classroom	0700 - 1500

•NRP new provider and re-certification classes are scheduled quarterly in the MBU classroom. Re-Certification class is for those who have taken NRP previously and whose card has not yet expired. Class is drop in for reviewing the NRP video and taking your written exam starting at 0700. The Mega Code is scheduled for 1030. You must complete the written exam prior to the Mega Code. If your card has expired you must take the new provider course. To register for class or for questions please email Carol Saltsgiver. A student book may be obtained from the library.

# ACLS for Healthcare Providers Letter

Dear ACLS Student,

Welcome to the Evans Army Community Advanced Cardiac Life Support Course. This is brand new course under the new guidelines. You must register for the ACLS provider course through the APEQS system (accessible through the Evans Home Page), or through MR. MARK GREEDER in the S2/3 Education office. If you are assigned to Air Force Academy, Cheyenne MTN, or Peterson AFB call Mr. Greeder at 526-6288. There will be no walk-on allowed.

**At least 30 days prior to attending day 1 of the ACLS course**, students will go to S2/3 Education and Training and pick up a welcome letter and the Pre-course Preparation Check list. Then go to *the Evans Library and sign for an ACLS provider Manual*. In this manual, you will find a CD that will help you during the course. On the CD you will take the Pre-Test; *students must complete this Pre-Test prior to attending class on day 1*. After completing the Pre-Test, bring your test “certificate of completion”, and you’re filled out Pre-course Preparation Check list with you to day 1 of the ACLS provider course.

All Students need to log onto the ARMY CME WEBSITE (**See instructions in this packet**) which can be accessed via the Evans Home Page at: <https://apps.mods.army.mil/CMEWeb/Secured/default.asp> and register for this course. After the course you need to log on to this website and complete an *on line course evaluation - PHYSICIANS: THIS IS HOW YOU WILL GET YOUR CME CREDITS AND CERTIFICATE – other students: please complete that evaluation also*.

Our course is sponsored by the Military Training Network (MTN) and Colorado Advanced Life Support (CALs). You will need to bring a \$12.00 Check or money order (Not Cash) on the first day payable to “Colorado Advanced Life Support” which will cover the cost of processing your cards. You will also have to show us your current BLS provider card at registration.

Prior to leaving the course each student MUST:

Turn in ALL course evaluations.

Turn in ALL Lesson Evaluations signed off by the Instructors.

Check out with Dr. Hamilton to see if Remediation/Retesting is needed, pick up your

Certificate (NURSES – this is your CE certificate) and receive information regarding distribution of cards.

Retesting is to be arranged through Mark Greeder – 526-6288 or email:

mark.greeder@amedd.army.mil. Retesting must be completed within 2 weeks of the course completion.

The ACLS staff wishes to thank you for your participation in this ACLS Provider Course. We hope it has been enjoyable and has increased your knowledge of acute cardiac and stroke care.

James M. Hamilton, MD

Evans Army Community Hospital  
ACLS Course Director



# Training Highlight

Location - Cochrane Hall

## Officer Professional Development

Title	Date	Time
<b>Helping Families with Before, During, and After Deployments</b> Presented by Douglas Lehman	8 July 2008	0700 – 0800
	15 July 2008	1200 – 1300
	22 July 2008	1600 - 1700
<b>NDMS</b> Presented by LTC Boettcher	12 August 2008	0700 – 0800
	19 August 2008	1200 – 1300
	26 August 2008	1600 - 1700
<b>Reintegrating from Deployment</b> Presented by Nate Hansen	9 September 2008	0700 – 0800
	16 September 2008	1200 – 1300
	23 September 2008	1600 - 1700

## NCOPD

2nd / 3rd / 4th Thursday of each

Title	Date	Time
<b>Suicide Awareness</b> Presented by Behavioral Health	10 July 2008	0800 - 0900
	17 July 2008	1200 - 1300
	24 July 2008	1600 - 1700
<b>Equipment Maintenance</b> Presented by Medical Maintenance	14 August 2008	0800 - 0900
	21 August 2008	1200 - 1300
	28 August 2008	1600 - 1700
<b>Army Programs</b> Presented by Primary Care	11 September 2008	0800 - 0900
	18 September 2008	1200 - 1300
	25 September 2008	1600 - 1700

**Mountain Post  
Medical Simulation Training Center (MSTC)  
Fort Carson, Colorado  
FY 2008 Course Schedule**

- Priority for all EMT-Basic, CMAST and BLS training will go to the Soldiers with the 68W MOS. **All courses start at 0900 hours on the first day of class.** Uniform will be the duty uniform for all military. All classes will be conducted at BLDG 2130 on Khe Sanh St.
- There is a \$70 fee to take the NREMT written exam which will be scheduled online after completion of the course.
- The EMT-Basic Refresher Course is 5 days in length. The \$15 Re-registration fee is payable by all individuals at the time of re-registration online.
- Each course must be signed up for individually. Priority 1 is given to 68Ws, priority 2: GS EMS employees and priority 3: other MOS interested soldiers and other service branch.

**EMT-B**

**Combat Medic Advanced Skill Training (CMAST)**

12 Oct-9 Nov 07	26-30 Nov 07	7-11 Jan 08	10-14 Mar 08
1 Feb -4 Mar 08	7-10 Apr 08	2-6 June 08	14-18 July 08
18 Apr-16 May 08	18-22 Aug 08	22-26 Sept. 08	

**EMT-B Refresher Course**

10-14 Sept 07	3-7 Dec 07	28 Jan -1 Feb 08	24-28 Mar 08	23-27 June 08
28 July -1 Aug 08	8-12 Sept 08			

**Basic Life Support (BLS) Course 0900-1200**

12 Oct 07 19 Nov 07 10 Dec 07 25 Jan 08 1 Feb 08 31 Mar 08 18 Apr 08 20 June 08 25 July 08  
5 Sept 08

**Combat Lifesaver Course (CLS)**

Contact the MSTC at BLDG 2130, phone number 526-2820 or email at [carson.mstc1@us.army.mil](mailto:carson.mstc1@us.army.mil) to schedule CLS training.

**CLS Recertification** 16 May 08, 6 Jun 08, 18 Jul 08, 22 Aug 08, 26 Sep 08 (0900-1700hrs)

All Soldiers must provide a copy of a CLS certificate dated not more than one year prior. See website below for CLS recertification information paper.

**MEDIC (Medical Education & Demonstration of Individual Competence) Train the Trainer**

7 Mar 08 4 Apr 08 2 May 08 (All classes will be held from 0900-1200hrs)

**Prerequisites for EMT and CMAST**

- Registration forms should be submitted to the MSTC not later than **30 days prior** to class start date.
- All courses require Soldiers to have more than 6 months in service after course completion, a current **Healthcare Provider CPR card, and the ability to lift 125 pounds.**
- Additional course requirements are:
  - EMT-B full course - OSHA N-95 mask fit by Occupational Health. BLDG 2059, 526-2939.
  - EMT-B Refresher course - EMT-B certification card and current CPR card.
  - CMAST - current EMT-B certification

**For more information contact the MSTC at Building #2130 or phone (719) 526-2820.**

**Website: [www.carson.army.mil/units/MSE/mstc/index.html](http://www.carson.army.mil/units/MSE/mstc/index.html) email: [carson.mstc1@us.army.mil](mailto:carson.mstc1@us.army.mil)**

**2008 Continental Divide  
Disaster Behavioral Health Conference**  
*Bridging Science and Practice*

**Save the Date!**

**July 7-10, 2008**

**Colorado Springs**

**Colorado Springs Marriot  
5580 Tech Center Drive**

**July 7**

**Pre-Conference**

**Training Workshops**

**July 8–10**

**Pandemic Influenza: Building  
Resilience through  
Mental Health**

**Preparation & Response**

- \* **Interagency Cooperation**
- \* **Behavioral Health Interventions**
- \* **Research and System Partnerships**
- \* **Interagency Task Force Exercise**
- \* **Recovery and Resilience**

**Early Bird Registration \$200**

CEUs awarded by NASW & NBCC

Application submitted to USUHS for  
Nurses and Physicians CME credit.

Major Sponsors:

U.S. Northern Command  
The University of Colorado  
at Colorado Springs  
The Colorado Department of  
Human Services



UNIVERSITY OF COLORADO  
AT COLORADO SPRINGS



For More Information: [www.uccs.edu/codivide](http://www.uccs.edu/codivide)



## Competency Assessment File (CAF) Training

( 2<sup>nd</sup> Tuesday of the Month)

Please bring a folder with you.

Time: 1300 hrs

Where: Barton K. George Hall (Rm #1018)

Reminder: All departments must turn in audit of 25% of staff competency files to S2/S3 by the 27th of each month.

POC: Ms. Perez

## Journal Club

(3<sup>rd</sup> Monday of the month)

1000-1100, Location Cochrane Hall

Date	Topic
21 July	Leadership
18 August	TBA
15 September	TBA

## Helpful Websites

### Nursing:

HRC Online: <http://www.hrc.army.mil>

Army Nurse Corps Homepage: <http://armynursecorps.amedd.army.mil>

AN Branch Webpage: <https://www.perscomonline.army.mil/ophsdan/default.htm>

Assignment Opportunities:

[https://www.perscomonline.army.mil/ophsdan/anc\\_assignments.htm](https://www.perscomonline.army.mil/ophsdan/anc_assignments.htm)

Find a Healthcare Recruiter: <http://healthcare.goarmy.com/contact/recrloca.htm>

CGSC Non-Resident Studies: <http://www.cgsc.army.mil/nrs/>

### Information on Army Enlisted Commissioning Program (AECP):

<http://armynursecorps.amedd.army.mil> or email [AECP@usarec.army.mil](mailto:AECP@usarec.army.mil)

POC: Ms. Perez @ 526-7510

### HPLRP Loan Repayment:

<https://www.perscomonline.army.mil/OPhsdan/HPLRP%20Information%20Paper.doc>

POC: Ms. Perez @ 526-7510

# NEW CE/CME COURSES AVAILABLE APRIL 2008

Listed below are the newest CE/CME courses available for viewing at [www.swankhealth.com](http://www.swankhealth.com).

Discipline	Course	Credit Hours *	Course Description
Radiologic Technology	<b>Radioimmunotherapy for Non-Hodgkin's</b> # 10908	1.0	Discusses radioimmunotherapy (RIT), including principles, physics, clinical criteria for dose calculation, and dosimetry technique.
Radiologic Technology	<b>Y-90 Microspheres</b> # 11008	1.0	Explains selective internal radiation therapy (SIRT), including its principles, physics, and dose delivery technique.
Physician	<b>Radiation Oncology: Principles</b> # 20708	1.5	Outlines radiation oncology principles/procedures, including cell death due to ionizing radiation, and dose time/fractionation factors.
Physician	<b>Radiation Oncology: Techniques</b> # 20808	1.5	Explicates radiation oncology planning concepts, therapeutic treatment techniques, and clinical applications.
Nursing	<b>Health Policies</b> # 30508	1.5	Describes health advocacy and federal policymaking processes, including direct affects of individuals on health policy, and communications with policymakers.
Nursing	<b>Assessment of Acid Base Balance</b> # 30608	1.5	Reviews assessment of acid/base balance including common disorders and definitions of terms,
Nursing Assistant	<b>Hand Hygiene</b> # 41708	1.0	Reviews the value and actual steps of hand washing, including when, where, and why it should occur.
Nurse Assistant	<b>Basic Medical Terms: Spanish</b> #41808	1.0	Basic English/Spanish translations of common conversational phrases, medical history information, and medical terminology.
Support Staff	<b>Customer Service: How Do You Represent</b> #41908	0	Summarizes customer service, including the definition of a customer, differences between internal/external customers, how to represent an organization, and positive/negative customer service.
Administration	<b>The Art of the Deal</b> #42008	1	Presents strategies for selection of healthcare information systems (HCIS), including industry statistics, essentials for outlines, and key clauses for negotiations.
Administration	<b>Strategic Planning</b> #42108	1	Explores strategic hospital facility planning, including the role of information technology (IT), demographics-driven shifts in utilization, and new/future sources of competition.
Administration	<b>Pending Health IT Workforce Issues</b> #42208	1	Addresses workforce issues pending for health information technology in the United States, including growth/spending trends, forces driving adoption, and steps to confront concerns.
Required Safety	<b>Safety Meetings</b> #42308	0	Reviews group safety meetings, including their purpose, responsibilities/duties of personnel, and effects of accidents.
Patient Education	<b>Financial Planning Part 1</b> #50808	1.0	Presents the basics of strong personal finances, including life insurance, disability insurance, and wills/living wills.
Patient Education	<b>Financial Planning Part 2</b> #50908		Explains the value of saving for retirement, and using various investment options to develop an investment plan.
Medical Records	<b>Medicare: Nursing Home Patients</b> #60108	1.0	Surveys various Medicare/Medicaid guidelines applicable to nursing home patients, including eligibility, entitlements, services, percentages paid, and Miller Trust.
Medical Records	<b>Human Dimension of IT</b> #60208	1.0	Examines the human dimension of healthcare information technology (IT), including issues, trends, and steps for implementing a clinical system within rural hospitals.

*DAY 1*  
*Newcomer's Orientation*

*Will be held in Barton K. George Hall*

*1 July 2008  
5 August 2008  
2 September 2008*

*0730/Military 0745/Civilian*

*DAY 2*  
*Clinical Orientation @ 0730*

*Will be held in BKG Hall*

*2 July 2008  
6 August 2008  
3 September 2008*

July

# Lane Medical Library



New ECC 2008 Handbooks are in! Make sure you pick up your copy for your next ACLS class!

**New ACLS & PALS Instructor Manuals are in!** If you are currently scheduled to teach a class next month, stop by the library to pick up your book!

### New Databases!!

The library has added two Ebsco Databases!. Please visit our [database](#) page and view them in **EBSCO**.



a clinical reference tool created by physicians for 'point-of-care' use; Topic driven. Compare with UpToDate.

**CINAHL Plus with Full Text** – is the world's most comprehensive source of full text for nursing & allied health journals, providing full text for more than 640 journals indexed in **CINAHL**.

Select EBSCOHost Web to access **CINAHL Plus with Full Text**.

Need a class on library databases or schedule an in-service for your section /department? Contact us at [library.each@amedd.army.mil](mailto:library.each@amedd.army.mil)

### Looking for Patient Handouts?

Try: MDConsult, NursingConsult, UpToDate and MEDLINEplus!



Do you know what year the Declaration of Independence was signed?

The Skin Cancer Foundation provides information on sun screen. Click on the following link:

<http://www.skincancer.org/sunscreen/sun-screens-explained.html>



## STAT!Ref

**New STATRef! titles (E-Books)– Provided by Lane Medical Library:**

- American Dietetic Association Guide to Diabetes Medical Nutrition Therapy and Education (2005)
- HCPCS Level II (2008)
- Emergency Medicine Procedures (2004)
- AACN Essentials of Critical Care Nursing (2006)
- Davis's Drug Guide for Nurses (2008)
- Handbook of Fluid, Electrolyte, and Acid-Base Imbalances (2004)
- AAFP Conditions A to Z (2008)
- Handbook of Fractures (2006)
- Orthopaedic Examination, Evaluation, & Intervention (2004)

*Click on Books located under e-Resources on the left. Check out the new AMEDD STATRef! Page on our Databases page. This takes you directly to the book.*

**Deploying soon? Stop by the medical library and pick up your deployment packet**

### What's New in Audio Digest!



**Anesthesia**  
ARDS/Cardiopulmonary Resuscitation

**Emergency Medicine**  
Trauma Update

**Family Practice**  
Issue of the heart

**General Surgery**  
Fistulas

**Internal Medicine**  
Kidney Disease: Current Concepts

**Obstetrics/Gynecology**  
Chronic Pelvic Pain: Overlapping Disease

**Pediatrics**  
Sickle Cell Disease/Diabetes

For a complete listing visit [AudioDigest.com](http://AudioDigest.com)  
**CDs and CE/CME test sheets are available in the library.**



# FEDERAL HOLIDAYS AND MEDDAC

## HOLIDAYS *FY 2008*

AUTHORIZED BY HOSPITAL COMMANDER



- 08 Oct 07 – Columbus Day**
- 12 Nov 07 – Veteran’s Day**
- 22 Nov 07 – Thanksgiving**
- 23 Nov 07 – Training Holiday**
- 24 Dec 07 – Training Holiday**
- 25 Dec 07 – Christmas Day**
- 31 Dec 07 – Training Holiday**
- 1 Jan 08 – New Year’s Day**
- 21 Jan 08 – Martin Luther King, Jr**
- 18 Feb 08 – President’s Day**
- 23 May 08 – Training Holiday**
- 26 May 08 – Memorial Day**
- 4 July 08 – Independence Day**
- 7 Jul 08 – Training Holiday**
- 29 Aug 08 – Training Holiday**
- 1 Sep 08 – Labor Day**