

ADHD Resources Available on the Internet (Including Multicultural resources)



ADHD INFORMATION

1) ADD Focus

<http://www.healthyplace.com/Communities/ADD/Site>

ADD information on diagnosis, treatment, medications, diet supplements and practical solutions to help students improve concentration, learning, and study habits.

2) ADHD Living Guide

<http://adhdlivingguide.com>

This site, including such categories as medications, parenting issues and employment, provides a thorough overview of ADHD.

3) American Academy of Pediatrics

<http://www.aap.org>

Topics include advocacy, you and your family, publications, and services. Latest diagnosis recommendations:

<http://www.aap.org/policy/ac0002.html>

4) Athealth.com

<http://www.athealth.com/Consumer/disorders/ADHD.html>

Mental health information and services for both practitioners and patients. Includes provider directory, articles and medication information.

5) Attention.com

<http://www.attention.com>

Information on parenting and teaching- feature articles, recent news, free newsletter. Learning Circle section provides tools to track an individual child's progress and a way to test attention.

6) Children and Adults with Attention Deficit/ Hyperactivity Disorder

<http://www.chadd.org>

Site sponsored by the nonprofit group Children and Adults with Attention Deficit Disorders. It has information about the disorder, and lists support groups and tips for parents with children who suffer from the disorder.

7) Northern County Psychiatric Associates

<http://www.ncpamd.com/adhd.htm>

Articles on various topics concerning ADHD, featured links, medication info, and mental health book reviews.

ADHD INFORMATION

8) Pediatric Development and Behavior

<http://www.dbpeds.org>

Developmental-behavioral pediatrics online community with featured articles, professional discussion, handouts for parents, and a thorough list of links organized by topic. For a direct link to the handouts go to

<http://www.dbpeds.org/handouts/>

9) The Provider's Guide

<http://erc.msh.org/quality&culture>.

The website offers resources to assist health care professionals in providing quality culturally and linguistically appropriate services to multicultural populations.

10) Resources on ADD and ADHD

<http://teis.virginia.edu/go/cise/ose/categories/add.html>

University of Virginia's Office of Special Education provides this directory of links to Attention Deficit Disorder organizations and resources.

11) San Diego ADHD Web Page

<http://www.sandiegoadhd.com>

Provides a forum for communication about ADHD for parents, primary care, teachers and children.

SUPPORT

1) ADD Helpline

<http://www.addhelpline.org>

Support Group and Resource Center for parents raising children with ADD/ADHD. Monthly newsletter, chat room, message board, and links.

2) ADHD Online Community

<http://www.adhd.com>

An on-line community for families with Attention Deficit Hyperactivity Disorder (ADHD). Information, hope, support, and tips, as well as links to resources, education, treatment, and a section including camps and activities for children.

3) All About ADHD

<http://adhd.mentalhelp.net/>

A guide to online resources, support, treatment information, and symptoms of ADHD/ADD.

4) American Medical Association

<http://www.ama-assn.org>

Patient education, support groups, treatment center, news, links to additional AMA recommended sites.

SUPPORT

5) Coalition in Oregon for Parent Education (COPE)

<http://www.open.org/~orcope/index.htm>

COPE's mission is to educate and support parents, families and professionals in building partnerships that meet the needs of children and youth with disabilities. COPE provides programs and services throughout the state of Oregon.

6) National Attention Deficit Disorder Association

<http://www.add.org>

Comprehensive resource has articles, research news, support groups, legal issues and interviews.

7) Parent Patch

<http://www.parentpatch.com>

Links to information on ADD/ADHD, such as articles, education, advocacy, medical news and research, support groups, books, and message boards.

SHOULD THIS CHILD BE EVALUATED FOR ADHD?

1) American Academy of Family Physicians (AAFP)

The Child with ADHD: Using the AAP Clinical Practice Guideline <http://www.aafp.org/afp/20010501/1803.html>

Resources for early recognition, assessment and management of ADHD.

2) Familyeducation.com

<http://www.familyeducation.com/topic/front/0,1156,23-25854,00.html>

The site provides short quizzes to determine if a child should be evaluated for a learning disability or attention deficit disorder. Also, provides links to other related sites and is part of Learning Network Inc.

3) UCLA School Mental Health Project

Attention Problems: Intervention and Resources

<http://smhp.psych.ucla.edu/pdfdocs/Attention/attention.pdf>

This packet serves as a starting point for increasing awareness of assessment and treating of attention problems. (Adobe Reader is needed to access this document)

LITERATURE AND HANDOUTS

1) American Psychological Association (APA) <http://www.apa.org/releases/adhdteens.html>

The APA web site provides an article on ADHD titled: *Combination of Drug and Behavior Interventions Are Most Effective for Treating Teenagers with ADHD.*

2) Bright Futures <http://www.brightfutures.org/mentalhealth/pdf/index.html>

The Bright Futures in Practice: Mental Health guide makes information available to primary care health professionals and families on healthy emotional, behavioral, and cognitive development and early recognition and intervention for mental health problems and mental disorders. The tool kit is available at

<http://www.brightfutures.org/mentalhealth/pdf/tools.html>.

LITERATURE AND HANDOUTS

3) Center for Effective Collaboration and Practice

Addressing Student Problem Behavior

<http://cecp.air.org/fba/problembehavior/funcanal.pdf>

This paper outlines the process for conducting a functional behavioral assessment and a description of how to develop and implement various interventions in planning an individualized education program (IEP). (The Adobe Reader is needed).

4) Channing L. Bete Co., Inc.

<http://www.channing-bete.com/>

Offers a large number and variety of patient education and self-help brochures. Select “Product Search” and type “ADHD” for a listing of materials.

5) Mental Health: A Report of the Surgeon General

Attention-Deficit/Hyperactivity Disorder

<http://www.surgeongeneral.gov/library/mentalhealth/chapter3/sec4.html>

The report reviews prevalence, etiology, diagnostic criteria, and treatment options

6) National Institute for Mental Health

<http://www.nimh.nih.gov/publicat/adhdmnu.cfm>

Includes numerous resources and a book list. Includes instructions on how to get to literature on various disorders including ADHD: www.nimh.nih.gov/. Also provides Pamphlet in Spanish on ADHD that you can order or download. <http://www.nimh.nih.gov/publicat/spadhd.cfm>

7) Pediatric Development and Behavior

ADHD and the Military http://www.dbpeds.org/section/fall98/adhd_military.html

This article explores the question of whether young adults are eligible for the military if they are taking medication for ADHD.

RATING SCALES

1) Vanderbilt Child Development Center

<http://peds.mc.vanderbilt.edu/cdc/rating~1.html>

Parent and Teacher behavior rating scales to help diagnose Attention Deficit/Hyperactivity disorder and screen for the co-morbid disruptive behavior and mood disorders.

SPECIAL EDUCATION

1) Education Resources Information Center (ERIC)

<http://ericir.syr.edu/>

ERIC is a federally-funded national information system that provides a variety of services and products on a broad range of education-related issues.

2) Internet Resources for Special Children

<http://www.irsc.org>

The IRSC web site is dedicated to children with disabilities and other health related disorders worldwide. Provides information to parents, family members, caregivers, friends, educators, and medical professionals; Online Communities; access to recent news articles and books.

3) Parent Advocacy Coalition for Educational Rights (PACER Center)

<http://www.pacer.org/>

PACER Center was created by parents of children and youth with disabilities to help other parents and families facing similar challenges. PACER is staffed primarily by parents of children with disabilities and works in coalition with 18 disability organizations. Offers educational materials to parents and social service professionals on issues related to special education and disabilities.

MISCELLANEOUS

1) National Center for Complementary and Alternative Medicine

<http://nccam.nih.gov/>

This National Institute of Health site is dedicated to exploring complementary and alternative healing practices in the context of rigorous science, training CAM researchers, and disseminating authoritative information to the public and professionals. A great reference for checking out information related to Alternative Medicine therapies.